



University of Central Florida
STARS

Central Florida Future

University Archives

11-29-2010

Central Florida Future, Vol. 42 No. 75, November 29, 2010

 Part of the [Mass Communication Commons](#), [Organizational Communication Commons](#), [Publishing Commons](#), and the [Social Influence and Political Communication Commons](#)
Find similar works at: <https://stars.library.ucf.edu/centralfloridafuture>
University of Central Florida Libraries <http://library.ucf.edu>

This Newspaper is brought to you for free and open access by the University Archives at STARS. It has been accepted for inclusion in Central Florida Future by an authorized administrator of STARS. For more information, please contact STARS@ucf.edu.

Recommended Citation

"Central Florida Future, Vol. 42 No. 75, November 29, 2010" (2010). *Central Florida Future*. 2348.
<https://stars.library.ucf.edu/centralfloridafuture/2348>

Central Florida Future

FREE • Published Mondays and Thursdays

The Student Newspaper at UCF since 1968

www.CentralFloridaFuture.com Monday, November 29, 2010

Title town, Fla.

With win, UCF will host C-USA title game this Saturday — SEE SPORTS, A8



SGA-approved

Students aim to have new bike co-op running by spring — SEE NEWS, A2



Service

WHO YA GONNA CALL AFTER A HANGOVER

Your head aches, you're hungry and your house is littered with sticky plastic cups. Who ya gonna call? Hangover Helpers. Two University of Colorado graduates are marketing a new business by that name in Boulder, home of CU's main campus. They'll bring in breakfast burritos and Gatorade the morning after a party — and clean up the mess. Marc Simons started cleaning party houses about a year ago for extra cash and realized he'd found a niche, despite the bad economy. He teamed up with high school friend Alex Vere-Nicoll and started Hangover Helpers. They charge \$15 for a roommate.



Breaking news on your cell

Get UCF news sent to your cell phone. Just text the keyword **UCFNEWS** to 44636.

AROUND CAMPUS, A2

RESEARCH EVENT SENDS STUDENTS OFF-CAMPUS

Hosted in the Student Union, the research event will invite students to attend institutions within the US and overseas for research purposes. The research period runs during the summer.

LOCAL & STATE, A2

BURGLAR MADE BROWNIES, SURFED WEB, STOLE GUN

Authorities are searching for a burglar they say broke into a Jacksonville home, baked brownies, surfed the Internet and took a nap before fleeing with the homeowner's gun.

ELDERLY MAN ACCUSED OF ATTACKING DEPUTY

Authorities say an irate 84-year-old man hit a deputy in the stomach with his cane when the officer warned him to leave a clinic where he had been cursing at an office manager.

INDEX		TODAY'S WEATHER	
Around Campus	2		80° 65° HIGH LOW
Weather	2		
Local & State	2		EVENING SHOWERS
Sports	8		
Opinion	10		
Classifieds	11		
Sudoku	11		
Crossword	11		

GRE improvement underway

New test to go into effect August 2011

CHRISTY PHILLIPS
Contributing Writer

As students prepare to graduate from UCF this semester, various options await them, one of them being grad school.

But for those who want to extend their time within the walls of a classroom, the competition just got that much more intense — or at least it's expected to — according to a new

Kaplan Test Prep survey released earlier this month.

The release of the results of the Kaplan survey follow a recent announcement from the Graduate Record Exam regarding changes to the test required for entrance into most graduate school programs expected to go into effect next August.

The revised test will have new questions, a dif-



To vote on a poll about this article: www.UCFNews.com

ferent format, a new scoring system and should better reveal a student's likely success in graduate school, according to the website of the Educational Test Service, the administrator of the GRE.

Patricia Bishop, the

PLEASE SEE **APPLICANTS** ON A5



LILY MAXWELL / CENTRAL FLORIDA FUTURE

UCF alum Josh Bousfield and Amanda Niepert, who is applying to grad school at UCF, study their GMAT guides Nov. 22 at the University Technology Center.

THE SUGAR CONNECTION



Fructose corn syrup gains national attention

ASHLEY SIKAND
Contributing Writer

In the lab, researchers dressed in white coats surrounded two petri dishes following the carbon-labeled sugars in the cells, to determine what exactly they were being used for and how.

University of California at Los Angeles' Jonsson Cancer Center said it was glucose and fructose that triggered this rapid proliferation in the cells — cancer cells that is.

"Although it's widely known that cancers use glucose—a simple sugar—

to fuel their growth, this is the first time a link has been shown between fructose and cancer proliferation," Dr. Anthony Heaney, an associate professor of medicine and neurosurgery, a Jonsson Cancer Center researcher and senior author of the study said.

Fructose was introduced into the United States in the late 1970s as a liquid sweetener that could be used as an alternative to sucrose (table



MCT CAMPUS

Modified genetically, corn is used in everything from food to batteries.

sugar).

It is also an ingredient derived from corn.

"It is important to know that the UCLA study and all other scientific research that has been done does not show that

PLEASE SEE **KEY** ON A7

Prof. finds inmates feign mental illness

Faking illness involves perks

JENNIFER PRITCHARD
Contributing Writer

The mentally ill population imprisoned in the U.S. is the highest it has ever been, but some inmates aren't being entirely honest about their symptoms.

Dr. Andrew Nanton, assistant professor of psychiatry at the UCF College of Medicine has recently discovered that inmates are feigning mental illnesses in an effort to gain advantages while serving out their sentences.

"It's a small but important number who are feigning their symptoms," Nanton said.

The most common motives to pretend among inmates were not what Nanton had expected. Rather than to avoid criminal consequences, more common reasons included obtaining prescription drugs or getting better housing arrangements.

Sophomore psychology major Lee Fouche is not surprised that some inmates are choosing to feign mental illnesses.

"People fighting drug addictions in prison

PLEASE SEE **STUDY** ON A4

Video games help students stay active

ELYSSA SCHWARTZ
Contributing Writer

The video gamers' familiar sound of clicks and taps from their Xbox or PlayStation controller is being replaced by the sound of a fast-paced "ba-bum-ba-bum-ba-bum"—an increased heart rate.

The video game industry has been consistent in coming out with products that get gamers off the couch and use their bodies as the controllers. Dance Dance Revolution was one of the first followed by the Nintendo Wii Fit and the newest of them all: The Xbox Kinect.

Assistant professor of medical education and nutrition Dr. Susan J. Hewlings said these types of video games create interactive learning and has so far shown to be effective.

"I think it's another learning tool, another way to get information out there. It's a way to address the screen users in an interactive way to promote

PLEASE SEE **STUDENTS** ON A6

DOLLARS N' CENTS

WE'RE NOT JUST A DOLLAR STORE

4498 N. Alafaya Trl. Orlando, FL 32826
(behind BP across from UCF)
(407) 826-1278

PET TOYS
\$1.00 and up!

ICE Shot Glasses
for your Holiday Party!

Box of Candy Canes
\$1.00

Paper Towels
\$1.00

BEER PONG
\$12.99

ICE Luge
\$14.99

UCF Jewelry & Sun Glasses
make great Christmas Gifts!

GIFT BAGS
Starting at \$1.00

Christmas Garland
\$1.00 & 3.99

Spray Snow
\$1.99

Box of 10 Christmas Cards
\$1.00

Christmas Candy
Starting at \$1.00

Spend \$5 and get a FREE Product
EXP 12.31.10

AROUND CAMPUS

News and notices for the UCF community

Off-campus research sends students around the world

Students who join the program will be eligible to research at universities and institutions outside of UCF. Institutes, such as the National Institutes of Health, are also included.

Previous UCF students have researched at Harvard, Yale and Vanderbilt.

The event, held on Tuesday, will run from 1 to 2:30 p.m. in Room 218A of the Student Union. All students are welcome to attend.

Apollo community to host memory-sharpening event

With final exams approaching, the Apollo community will be hosting an event for all students.

It will be designed to help in information retention for students who need to study for finals.

The event will be held from 6 to 7 p.m. on Tuesday in the Apollo community. For further information, students can visit www.sarc.sdes.ucf.edu.

LOCAL & STATE

Keep local with headlines you may have missed

Man broke into house via unlocked car's garage remote

Authorities say the man broke into the house by getting inside an unlocked car parked in the driveway and activating the garage door opener.

While there he baked brownies, surfed several Internet pornography sites, drank some orange juice and slept in one of the beds.

Elderly man said to have hit deputy in the stomach

Bay County sheriff's deputies were called to Callaway Clinic on Wednesday night because the man was yelling and cursing at an office manager.

According to a police report, the office manager asked authorities to remove the man from the clinic.

When the deputy warned the man he would be arrested if he didn't leave, the man allegedly hit the officer in the stomach with his cane.

Deputies say the man also hit the officer in the leg as he was being handcuffed.

— ASSOCIATED PRESS

LET US KNOW

The *Future* is working to compile information about interesting and unique jobs held by students for an article that will be published this fall.

If you feel that you or an acquaintance have an interesting job, please contact us. Include a first and last name, major and year. Please e-mail us at News.CFF@gmail.com.



UCF's registered student organization dedicated to all things bicycle, Spokesouncil has helped to develop the new cooperative.

BRITTANY BLACKSHEAR
Contributing Writer

The biggest news in UCF bike culture should manifest itself somewhere on campus next semester, according to SGA's environment and sustainability specialist, Michael Newman.

At Nov. 18's senate meeting, Newman stopped by with an update about the project that senate passed a resolution in support of earlier this semester.

The on-campus bike cooperative, a project developed by Spokesouncil — UCF's registered student organization dedicated to all things bicycle — will be a place where students can not only get a flat tire fixed, but learn how to do it themselves should it happen again in the future.

"The co-op will serve several functions," said Marcus Bagnell, a graduate student and the president of Spokesouncil, in an e-mail. "We will offer to teach students how to maintain and repair their bikes for free, it will be a place where riders can educate themselves on how to ride safely and legally in the road [and] act as a liaison between students and campus departments dealing with bike issues."

Bagnell also wrote that Spokesouncil hopes the co-op will eventually serve as a resource for students to obtain a bike if they don't have one.

Though it hasn't officially been approved yet, Bagnell wrote that the group

has been working with the Student Union to secure a space close to the heart of campus.

"We've picked a site and everyone seems excited about the project, however I think that we still will need approval from a few sources and will possibly still need to get funding for the project approved," Bagnell said. "The funding would be for the minor construction that would need to be done, the ongoing maintenance of the co-op itself doesn't need additional funding at this point."

One of the previous bike co-ops, also sponsored by Spokesouncil, was located in an off-campus storage space on University Boulevard.

That co-op, overseen by senior computer science major Ryan Brady, only offered services on Saturdays. The current bike co-op's services are still only offered on Saturdays, but it's now located in Brady's garage.

"Moving on campus, in my opinion, will make membership explode," Brady said of the organization. "We will be immediately accessible to all bikes around campus, and it will be really exciting to see Spokesouncil mature into a very recognizable, important organization filling a void that UCF has had for a long time — free bike repair on

campus and a 'hub' for bike culture."

Bagnell wrote that the resolution passed by senate would help the club in making strides to speed up the construction of a co-op as well as open lines of communication between student bikers and members of administration.

"We've also helped by being part of talking with on campus departments about the cycling needs of students. We've been working with UCF PD, Land Management and other departments to help with bike rack placement and have open communication about bike thefts and the bike auction," Bagnell said. "Previously, these departments did not have such easy access to finding out what problems students were having and students did not know who to go to with their concerns."

"We're hoping that the co-op can act as a hub for easy and open communication between students and the administration."

Though approval from the school is pending, Bagnell is confident in the project.

"If everything goes smoothly we think we can be set up by sometime next semester," Bagnell said.

For students interested in Spokesouncil, the group meets at 8 p.m. every

Tuesday night on Science Drive, just past Campus Crossings, for their slow bike ride, which brings 20 to 30 participants on average.



LOCAL WEATHER



Today
EVENING
SHOWERS
High: 80°
Low: 65°

TODAY IN DETAIL
Today: Partly cloudy skies early. A few showers developing later in the day. Winds E at 10 to 20 mph. Chance of rain 30 percent.
Tonight: Partly cloudy. Low near 65F. Winds ESE at 10 to 20 mph.



Tuesday
PARTLY CLOUDY
High: 84°
Low: 63°
Wednesday
SOME SHOWERS
High: 66°
Low: 43°

Central Florida Future

The Student Newspaper at UCF since 1968

November 29, 2010
Vol 42, Issue 75 • 12 Pages

The Central Florida Future is the independent, student-written newspaper at the University of Central Florida. Opinions in the *Future* are those of the individual columnist and not necessarily those of the editorial staff or the University administration. All content is property of the Central Florida Future and may not be reprinted in part or in whole without permission from the publisher.

NEWSROOM
407-447-4558

Editor-in-Chief
Emre Kelly x213
CFF.editor@gmail.com

News Editors
Brandi Broxson x213
Katie Kustura x213
News.CFF@gmail.com

Online News Editor
Meghan Lindner x213
Online.CFF@gmail.com

Opinions Editor
Adrienne Cutway x213
Opinions.CFF@gmail.com

Sports Editors
Danny Aiello x215
Mike Balducci x215
Sports.CFF@gmail.com

Variety Editor
Jessica Martin x214
Variety.CFF@gmail.com

Photo Editor
Tina Russell x213
Photo.CFF@gmail.com

Staff Writers

Kerri Anne Renzulli, Matt Reinstette, Gretha McCandele, Camille Thomas, Becky Jackson, Jessica Campbell, Jessie Kristof, Lacy Papadeas, Jordan Swanson, Abigail Donaldson

Staff Photographers

Tina Russell, Adolfo Ceballos, Katie Dees, Kathryn Page, Michelle Davis, Amy Simpson, Kevin Harris, Alex Schierholtz, Mandy Georgi, Rebecca Strang, Abigail Donaldson

Copy Editors

Padrick Brewer, Michelle Dendy

Production

Joseph Mangabat
Mark Thorstenson

Editorial Adviser

Michelle Yoffee
MichelleY@SeminoleChronicle.com

BUSINESS
407-447-4555

Advertising Sales Director
Adam VerCammen x204
AdamV@KnightNewspapers.com

Distribution Manager

Chris Biddulph x211
ChrisB@KnightNewspapers.com

General Manager

Raymond G. Bush x220
RayB@KnightNewspapers.com

Fax: 407-447-4556

Published by Knight Newspapers
11825 High Tech Ave. Ste. 100
Orlando, FL 32817



One free copy of the Central Florida Future permitted per issue. If available, additional copies may be purchased from our office with prior approval for \$1 each. Newspaper theft is a crime. Violators may be subject to civil and criminal prosecution and/or University discipline.

HOW DO YOU REACH 58,000 PEOPLE TWICE A WEEK?

Advertise in the Central Florida Future

Newspaper is a tried and tested advertisement tool to bring new customers to your doorstep and bring return clients back. The Central Florida Future uses diverse editorial to appeal to all demographics but especially the most important, 18-35 years of age.

With over 50,000 students, 8,000 staff members, and countless visitors everyday, The Central Florida Future is your ticket to success in advertising with competitive pricing and friendly staff. We will meet with you one-on-one and can even create your advertisement from the ground up!

Be seen. Be heard!



FOR MORE INFORMATION: Call 407-447-4555 or E-mail Sales@KnightNewspapers.com

FOR ALL THINGS UCF
today.ucf.edu



Cuban-Amer. to head House Foreign Affairs

LAURA WIDES-MUNOZ
Associated Press

MIAMI — She hung up on the next president, Barack Obama. Twice. She thought it was a prank.

In an expert stroke of political spin, she immediately sent out a press release explaining the apparent snub as a mix-up.

Meet Florida U.S. Rep. Ileana Ros-Lehtinen, the first Cuban-American to serve in Congress and the next in line to head the House Foreign Affairs Committee.

The phone incident occurred in late 2008 as the president-elect reached out to potentially friendly Republicans and shortly after a radio host fooled Sarah Palin by impersonating the president of France on the phone. But it was vintage "Ily," as she is known in Washington: frank, almost irreverent, yet imbued with an underlying seriousness and political savvy.

It also was a reminder that Ros-Lehtinen, 58, presents an increasingly rare image these days — a politician occasionally willing to work across the aisle. The legislator, who was re-elected with 69 percent of the vote, is a hawk on foreign affairs but breaks with her party on immigration, gay rights and other issues important to the people she represents — Cuban-Americans, gays, a strong Jewish community.

California Democrat Howard Berman, who will surrender the Foreign Affairs Committee chairmanship in January, cautioned those who mistake Ros-Lehtinen's enthusiasm and pleasantness for weakness.

"People greatly underestimate her skill and tenaciousness," he said.

Under her watch, the committee is expected to push for stepped-up sanctions against North Korea and Iran, more oversight of the U.N. and a block on any dialogue with Cuba. As a strong abortion foe, Ros-Lehtinen also may try to chip away at the president's executive order allowing foreign aid for international groups that provide information about abortion services.

"I think she is going to be very active on Latin America and oversight, making sure the administration is enforcing sanctions," Berman said.

Ros-Lehtinen fled Cuba with her family at age 7. She taught elementary school, then started running her own school. She was in the Florida Legislature for six years before winning election to the U.S. House in 1989, her bid brokered by legendary Cuban-American political king-maker Jorge Mas Canosa. She completed her doctorate in education while serving in Congress.

The mother of two children and two stepchildren with her husband,



In this photo taken Nov. 9, 2010, Rep. Ileana Ros-Lehtinen, R-Fla., hugs a supporter during a Memorial Day Ceremony in Miami Beach.

ALAN DIAZ / ASSOCIATED PRESS

former U.S. Attorney Dexter Lehtinen, is still best known for her staunch support of the U.S. embargo against the communist island.

"I welcome the opportunity of having anyone assassinate Fidel Castro," she told an interviewer in a 2006 British documentary.

Ros-Lehtinen is outraged by Cuba's membership on the United Nation's Human Rights Council along with China and Saudi Arabia and would like U.S. contributions to the U.N. to be voluntary until the U.S. creates an office to audit U.N. activities for transparency and eliminate waste.

"The U.N. functions very well for Iran and Venezuela, and every two-bit dictator who's envious and hates the United States," she told The Associated Press. "But for countries that contribute a lot to the U.N., I don't think people really feel like it's really living up to the standards which we set for it at its founding."

Newt Gingrich, the former House speaker and 2012 presidential hopeful, lauds Ros-Lehtinen for bringing a strong anti-communist and anti-dictator position to her analyses. "She will bring clarity," he predicts.

Critics counter that she has too much of an "us versus them" mentality that doesn't allow for gray areas when it comes to those who don't always agree with the U.S.

"She looks more to converting," said Peter Hakim, president emeritus of the Inter-American Dialogue think tank.

"But the notion that first you convert someone

and then you deal with them in the real world doesn't seem to work," he said. "There are lots of countries we have sharp differences with, but we accommodate those differences."

Ros-Lehtinen is tired of groups that complain the U.S. is not doing enough abroad and is among those who have criticized Obama for publicly acknowledging the nation's past support of friendly but undemocratic regimes.

"We have to do more with less and work in a smarter way to advance America's interests — and that's not advancing the world's interest," she said.

But she has also spoken out about human rights violations in East Timor, Tibet and Darfur and called attention to women's rights in Afghanistan.

One place she doesn't see the need for cuts is aid to Israel. Her support is crucial in a district that is home to one of the nation's largest communities of Holocaust survivors. It is also personal. Ros-Lehtinen, now an Episcopalian, was raised Catholic, but her mother's family were Jews who immigrated to Cuba from Turkey.

Although Ros-Lehtinen mostly toes the Republican line, she has bucked the party on occasion.

She's one of only a few Republicans who voted to repeal the military's "don't ask, don't tell" policy barring gays from serving openly.

Ros-Lehtinen receives strong ratings from environmental groups, and she opposes the new Arizona immigration law

while supporting a federal proposal to allow qualified teen illegal immigrants who attend college or join the military to become U.S. citizens.

Her stances aren't surprising in a district that includes parts of Miami's Little Havana and the tourist-dependent and gay friendly Miami Beach and

Florida Keys. Ros-Lehtinen's eldest child is a gay rights activist.

It was that independence which helped prompt Obama's call.

But Ros-Lehtinen is mindful that she represents the Foreign Affairs Committee and the broader Republican Party. She says she won't use her position to

advance personal causes.

On her office wall is a photo of Ros-Lehtinen eagerly clasping Obama's hand.

But those who seek too much meaning in the shot should take notice. She took a similar photo with President Bill Clinton shortly after voting for his impeachment.

University of Central Florida Area

Ask about our UCF Discounted Rates!



12000 Collegiate Way
407-277-7676
CourtyardUCF.com

- 123 Spacious Rooms w/double Beds in Most Rooms
- Courtyard Cafe Open for Breakfast Daily
- Outdoor Heated Pool & Jacuzzi
- 2 Meeting Rooms for up to 40 People
- High Speed Internet Access



11651 University Boulevard
407-513-9000
ResidenceInnUCF.com

- 99 Fully Equipped Suites
- Complimentary Full Breakfast Buffet
- Complimentary Social Hour M-TH 6:00pm - 7:30pm
- Daily Housekeeping Service
- Outdoor Pool, Jacuzzi & Sports court
- High Speed Internet Access



11801 High Tech Avenue
407-243-6100
TownePlaceSuitesUCF.com

- 105 Fully Equipped Suites
- Full Cable with Showtime
- Outdoor Heated Pool, BBQ Area
- Limited Maid Service
- Pet Friendly
- High Speed Internet Access

All 3 locations withing 1/2 mile for UCF
located on University Blvd!
"The Marriott Way"

Same classes.



Study results not meant to apply to all inmates

FROM A1

will do anything to get prescriptions," Fouche said. "And they will continue to feign these symptoms for as long as they are benefiting from it."

Nanton says he began to notice the issue of inmates feigning during clinical visits while completing his forensic psychiatry fellowship in California. During these visits to the Sacramento County Jail to consult with mentally ill patients he started noticing something "suspicious" about their symptoms.

"It was a mishmash of a lot of different psychiatric symptoms," Nanton said. "It was just something about their stories that wasn't adding up."

In order to determine which patients were experiencing authentic symptoms from those who were pretending, Nanton created a 172-item test in the form of an interview. This was in addition to the clinical interview that is routinely conducted to determine the status of a patient.

Nanton also discovered through his research that the sovereignty of the crime did not relate to the likelihood of a patient feigning a mental illness. It also hasn't been determined why these inmates are choosing the method of feigning in order to obtain these advantages.

"It's hard to know what exactly is on someone's mind," Nanton said.

On Oct. 13, Nanton and



Dr. Andrew Nanton, assistant professor of psychiatry at the UCF College of Medicine went to Italy to present his research about inmates who feign mental illness to gain psychiatric drugs.

Dr. Barbara E. McDermott of University of California Davis, the primary investigator, presented their research "Exploring Characteristics of Malingers using the Structured Interview of Reported Symptoms" to the Royal Australian and New

Zealand College of Psychiatrists Forensic Section, in Prato, Italy.

"It was very favorably received," Nanton said. "People all over the world are struggling with this same issue and our findings seem to be in line with what

they are also experiencing."

One thing that Nanton doesn't want is for people to think that the majority of people who are complaining of mental health problems in the correctional facilities are faking their symptoms.

"There are many legitimately mentally ill people in there," he said. "This research is to make an effort at sorting out these two groups."

UCF philosophy professor Harry Coverston, also a former Orange

'There are many legitimately mentally ill people in there. This research is to make an effort at sorting out these two groups.'

— DR. ANDREW NANTON

ASSISTANT PROFESSOR OF PSYCHIATRY AT THE UCF COLLEGE OF MEDICINE

County public defender, also fears that the public may get the wrong impression from this research.

"What concerns me is that this could be used to presume that all inmates seeking mental health care are simply scam artists," Coverston said.

Coverston believes that most people who end up in prison are either mentally ill or will quickly become so due to their living conditions.

"If an inmate is given the opportunity to escape the general population with its constant threats of violence and the generally dehumanizing aspects of prison life, it should not be terribly surprising that they'd seek to do so," he said.

"Any of us in their place would probably do the same."

Nanton joined UCF's

College of Medicine in July to join the challenge, he said, of starting a new medical school.

Nanton went to medical school in Tulane, completed his general psychiatry residency and child and adolescence psychiatry fellowships at Duke University and then completed his forensic psychiatry fellowship at UC Davis.

"The law and psychiatry are both interestingly complex and totally different," Nanton said. "They don't always see eye to eye on everything."

Nanton considers himself similar to a translator by translating psychiatric science into something that is useful for the court. Nanton's research is currently still in progress and is expected to be published in a peer-reviewed journal next year.

Looking into Law School?
.....then look into **Blackstone**

Free LSAT Practice Exams

UCF Courtyard by Marriott

SUNDAY, January 2

1 - 5 pm

MONDAY, January 3

1 - 5 pm

MONDAY, January 3

6 - 10 pm

1.800.881.5728 □ blackstoneLSAT@aol.com



REGAL
VALUE DAYS
TICKETS \$5 ALL DAY Tuesday

**Great big movies.
Nice small prices.**

NOW PROUDLY OFFERED AT

REGAL CINEMAS

**Oviedo Marketplace
Stadium 22**

Every Tuesday. Every movie. Every ticket - just \$5!

Additional 3D up-charges may apply. Holidays may be excluded. Only at select theatres. See REGmovies.com for complete details.

red STAG PRESENTS

KID ROCK

Born Free Tour

WITH SPECIAL GUEST
JAMEY JOHNSON

ON SALE SATURDAY AT 10AM!
UCF ARENA
SATURDAY, MARCH 5

TICKETS AVAILABLE AT THE BOX OFFICE,
ONLINE AT TICKETMASTER.COM OR CHARGE BY PHONE 800.745.3000.

www.kidrock.com

Born Free
IN STORES NOW

The guitar song
IN STORES NOW

Applicants on the rise despite new GRE test

FROM A1

vice provost and dean of the College of Graduate Studies said she thinks the new test will be an improvement.

"We think the new GRE will be much better since it incorporates many of the changes that the graduate deans and directors have requested over the years," Bishop said.

Bishop said the changes will force students to rely less on memorization and more on reading, reasoning and analyzing.

Despite the changes to the test, which are expected to make it more

difficult, the number of students applying to grad school is still predicted to rise as the job market seeks an increasingly competitive pool of qualified applicants.

"With more students possessing bachelor's degrees today, a master's degree may allow job seekers a more competitive edge," said Bill Blank, the director of career development in Career Services.

According to the College of Graduate Studies, there were more than 12,000 applicants to UCF's graduate school for the 2010 school year.

Of these applicants, more than 7,500 were

accepted.

In the survey by Kaplan Test Prep, 30 percent of admissions officers said GRE scores are the most important factor to applicant admission into a graduate program.

"A great deal of research goes into constructing the GRE, and it is clear that students who do well on the GRE are more successful in graduate school," Bishop said. "Our program directors will appreciate the new test because the skills that they demand in the classroom and laboratory are being reflected in the new GRE."

"This should lead to

better decisions about who to admit."

The Kaplan survey also revealed that, as of earlier this month, 81 percent of graduate schools are still not prepared for the changes that the new GRE will bring.

However, Bishop said that UCF has been and continues to be preparing for these changes.

"We had a very good turnout and all our directors are prepared," Bishop said of the meeting the GRE testing agency had with UCF graduate program directors about the revised test.

In January, there will be a training session for the rest of the graduate department staff.

The students taking the exam prior to the August 2011 changes can rest assured that their scores will still be accepted. Bishop said that test scores last five years.

The current scores are

based on a 300 to 800 scale while the new scores are 100 to 200.

"We are working on changing our computer systems to receive the new score formats," Bishop said.

Chris Rose, the assistant division director at the UCF Test Prep Center, said there have already been changes made at the center in anticipation of the new test.

"We're always trying to stay on top of any changes from ETS," Rose said.

He said that they have already begun to modify content in the review courses offered as well as modifying the test books.

"Betty Binford [a seasoned instructor at the test prep center] goes page by page looking for text book changes," Rose said.

With the changes taking place next August, Rose said there will be new review courses rolling out in May or June.

Senior psychology major Cortney Spangler, who plans on getting her master's in psychology, has been studying for the GRE, but was unaware of the changes to come next year.

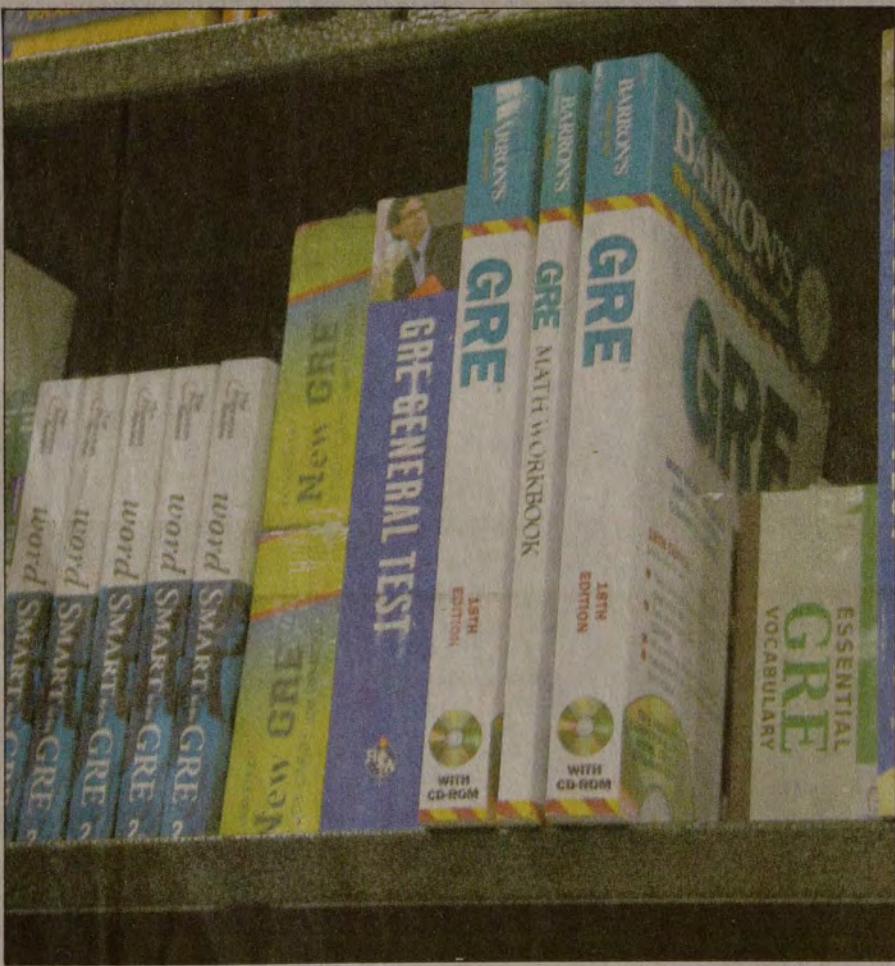
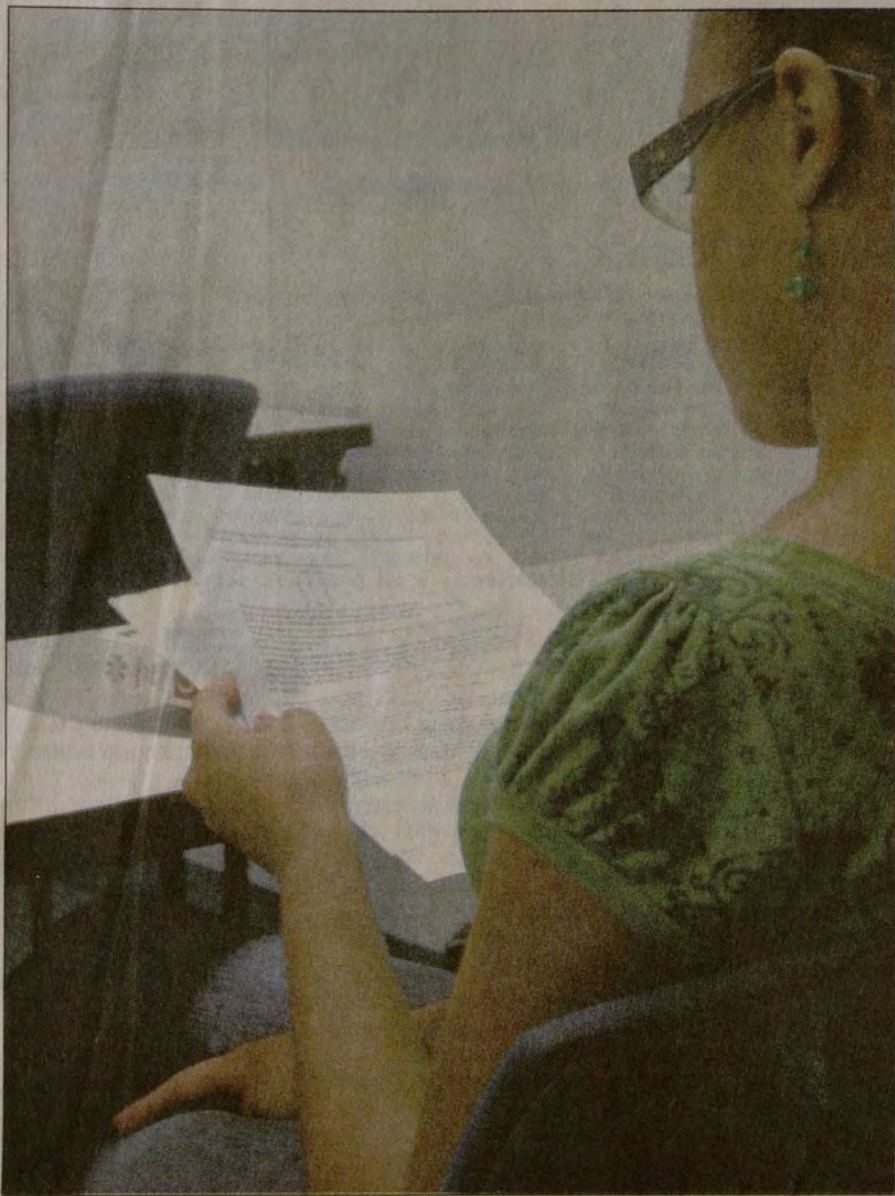
"I will definitely update the materials I've acquired and study harder," Spangler said.

Both Bishop and Rose offered advice for students who plan to take the GRE or are at least thinking about it.

"We are encouraging our students to simply take the test when they need to, not put it off because of fear of the new product and not to rush to take the current test unless they need the scores before fall 2011," Bishop said.

Whenever students decide to take the test, Rose said it's up to them how well they want to do.

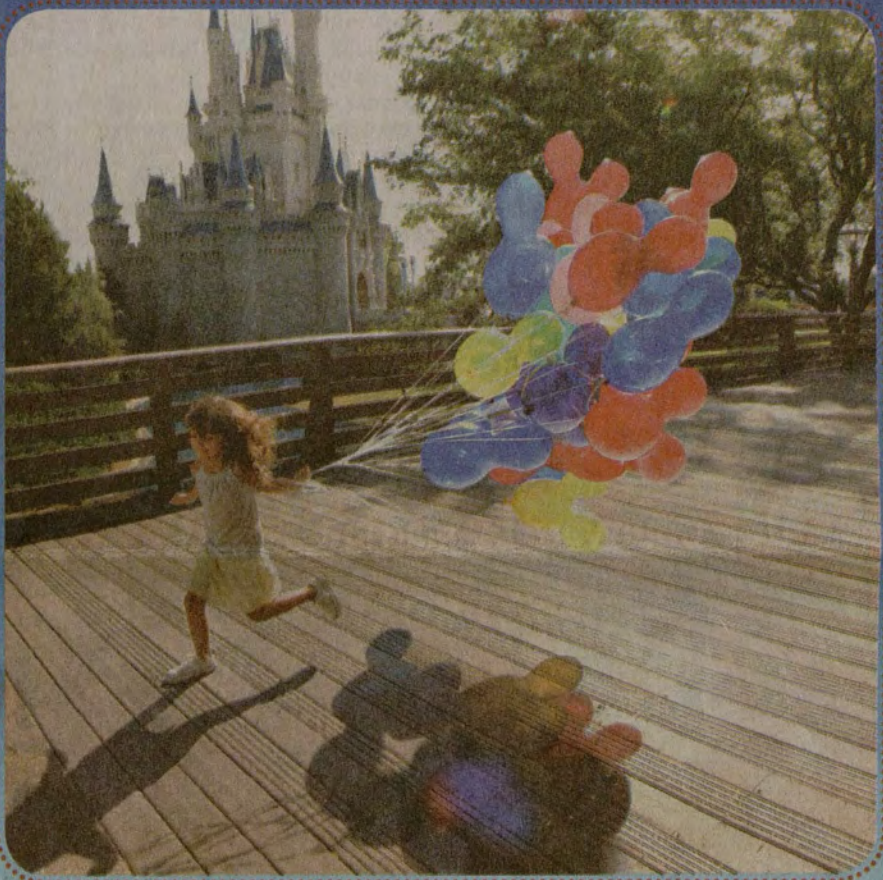
"It's all what you put into it," Rose said. "You can do well, but you have to put the time and effort into it."



PHOTOS BY LILY MAXWELL / CENTRAL FLORIDA FUTURE

Ashley Smith reads over a handout on mathematical functions while studying for the GRE test on Nov. 22.

Add Some Disney Magic To Your Next Celebration!



There's so much in life worth celebrating: anniversaries, reunions, triumphs – big and small. And Walt Disney World® Resort makes it easy for you to magnify those moments.

Just go to **DisneysCelebrationCentral.com** today and see what magic is waiting especially for Florida Residents. Make this the year to dream big... wish hard... and celebrate at the place where dreams come true.



As to Disney properties/artwork: ©Disney

Same faculty.



Students play games as workout alternative

FROM A1

physical activity and healthy eating," she said.

Children and adults spend large portions of their days in front of screens whether it be computer, television, cell phone or video game.

According to a Kaiser Family Foundation study in 2005, the average 8-year-old to 10-year-old spends 65 minutes per day playing video games. The average 11 to 14-year-old spends 52 minutes per day playing video games.

As for the general population, the Pew Research Center's Internet & American Life Project's gadget ownership survey in August stated that 42 percent of Americans own a video game console.

The idea of interactive gaming has many different applications and can serve as a motivation factor for people to engage in physical activity.

These types of games are already used in nursing homes and adult day care centers to increase balance and help enhance the activity of daily living in elderly people.

It is also being used in the homes of families and college students. Instead of playing Call of Duty or Madden from the couch, gamers are standing up and jabbing with Wii Boxing, hula-hooping with the Wii Fit, getting down with Dance Dance Revolution or racing by actually running in place with the Xbox Kinect.

In some cases, gym memberships might be too expensive and some neighborhoods are too dangerous to exercise outside. These types of gaming devices allow people to exercise in the safety and comfort of their own home.

Another potential appli-

cation for the use of interactive gaming is for physical therapy.

"I think it would make my job easier and patients would find their treatment more enjoyable and they may eventually become more compliant if they eventually see progress," said Dr. Gerald V. Smith, associate professor and director of the physical therapy program at UCF. "I think it would be very beneficial and there is a lot of interest in it."

According to Smith, interactive gaming is already being used in physical therapist's clinics throughout the country. However, there has not been enough research to entirely back up the program.

"I think the whole area is very promising," he said.

The goal of physical therapy is to get people involved in functional activities. Interactive gaming allows patients to do just that.

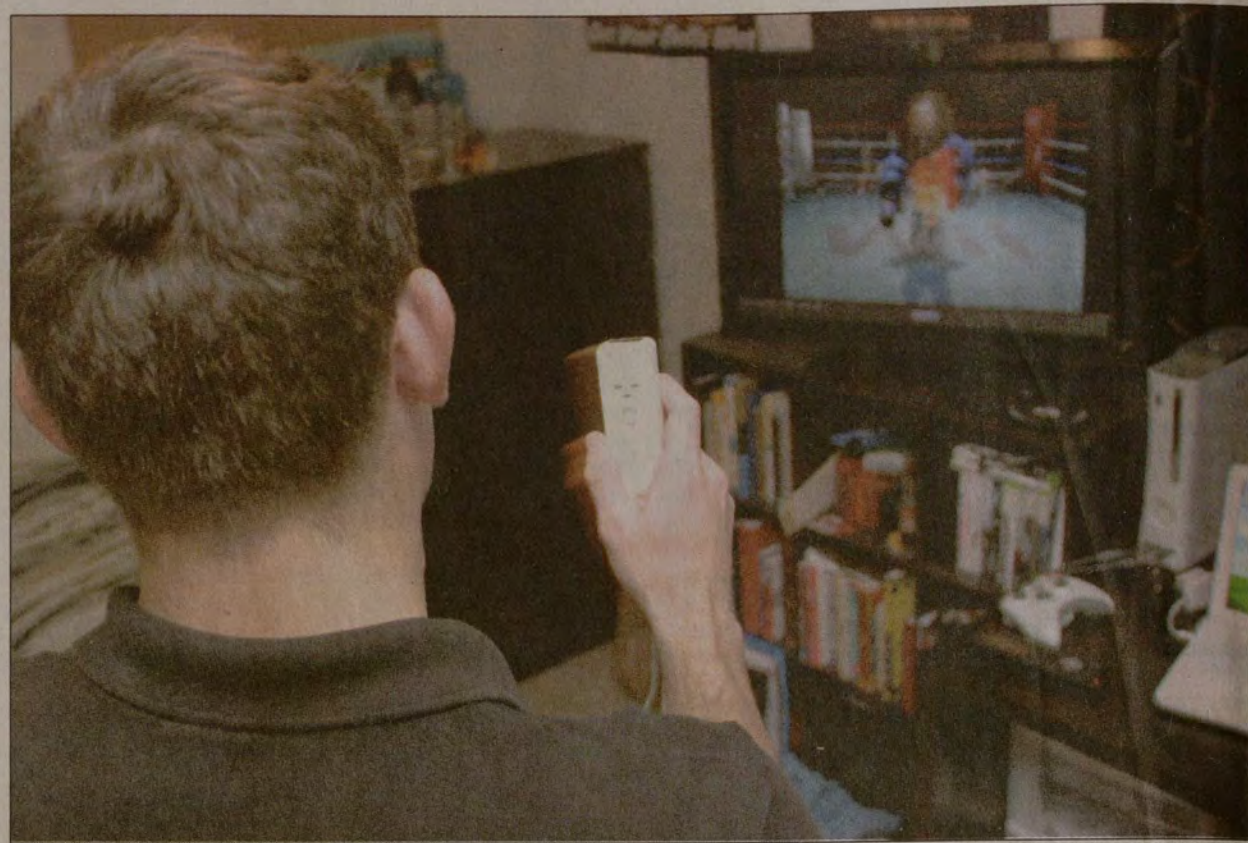
It also allows physical therapists to look at whether the patient would be safe in a particular environment. The program could be used at home as a self-treatment as well as in the clinic as a direct treatment technique.

"I would certainly use them as an adjunct to my treatment," Smith said.

UCF's athletic training program director Kristen Schellhase said there is a new trend in athletic training of using games on the Nintendo Wii for rehabilitation purposes. For example, the balancing games are useful to someone with an ankle injury. Its trendy name is "Wii-hab".

Along with physical therapy, this new wave of video gaming can serve as a weight loss tool as well.

"There has been studies done on DDR [Dance



Naval Academy senior Joseph Berrios plays video games at his friend's while visiting home over Thanksgiving break.

MANDY GEORGI / CENTRAL FLORIDA FUTURE

Gaming ailments

With the advent of video game consoles, injuries and conditions arose, which became named after the gaming phenomenon that created them.

1981

Space Invaders wrist: New England Journal of Medicine reports tendonitis condition caused by wrist and forearm movements used to move spaceship



1982

Pac-Man elbow: Time magazine article coins term about people getting a tendon sprain similar to "tennis elbow" from playing too much Pac-Man



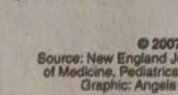
1990

Nintendinitis: Described in New England Journal of Medicine as a sore, burning pain and swelling at base of thumb from pushing buttons on game controller



1994

Video game-related seizures (VGRS): Study reported in Pediatrics journal about epileptic seizures triggered from bright flashing lights on some games



2007

Wiiitis: Doctor writes to New England Journal of Medicine about sorenesses similar to sports injuries resulting from playing Nintendo's interactive Wii game console



© 2007 MCT
Source: New England Journal of Medicine, Pediatrics, Time
Graphic: Angela Smith

with fat and sodium.

The American College Health Association reported in 2006 that only 43 percent of students engage in moderate or vigorous activity. The outbreak of interactive gaming may be able to increase physical activity that are needed for this age.

"It shouldn't take the

place of working out. It's just kind of an improvement versus Call of Duty," junior pre-clinical sciences major Rebecca Glass said.

Glass uses the Wii fit for fun but does not feel that it is enough of a workout.

"I think that the new game for the Xbox with the sensor is foreshadowing

something really cool and it will probably get really advanced."

The internet allows people to gain information about exercise and nutrition more than ever.

"How do we get them to do it? This makes it fun, interactive and engaging," Hewlings said.

FREE FOOTBALL SCORES ON YOUR CELL PHONE

FROM THE CENTRAL FLORIDA FUTURE

To: 44636

UCFKNIGHTS



From: 44636

You have successfully
subscribed to UCF
Knights.

Text stop to end at
any time.

How Do I Text UCFKNEWS to 44636?

1. Grab your cell phone.
2. Select messages on your main menu
3. Write a new text message, "UCFKNIGHTS"
4. Send this message to 44636 (4INFO).
5. Begin receiving UCF Knights Football Scores!

Central Florida Future

The Student Newspaper at UCF since 1968



Receive FREE, real-time scores and alerts on your cell phone from the Central Florida Future. Just text a keyword, like **UCFKNIGHTS**, to **44636**. For a list of other info you can get on your cell, text **MENU** to **44636**. Now you can be in the know while on the go!

*Carrier text messaging rates apply

4INFO

Key to better health is lowering sugar intake

FROM A1

fructose causes cancer," UCF health professions professor, Theodore J. Angelopoulos said. "It shows us that cancer uses fructose to proliferate."

He said high-fructose corn syrup, sucrose, invert sugar, honey and concentrated fruit juices are all virtually interchangeable and that all of these sweeteners are composed of approximately 50 percent glucose and 50 percent fructose.

All are absorbed similarly and have the same number of calories per gram.

High-fructose corn syrup has often been criticized for causing obesity.

Angelopoulos said the epidemic in the United States and other industrialized countries can largely be attributed to the significant increase in per capita calorie intake and decrease in physical activity.

No human studies to date have shown any significant differences that high-fructose corn syrup differs in endocrine, metabolic, hormonal or appetite responses.

"Everything that we eat is a combination of sugars so it is impossible to isolate it from our diet," UCF sports and wellness dietitian, Meghan Murphy Van Camp said. "The bottom line is to limit the amount of sugar that we consume."

She said the number one thing UCF students should eliminate is soda and other sugary drinks such as energy drinks, sweet teas, lemonades and alcohol.

She also urges students to eat more fruits and veg-

Runaway cancer cells

Cancer cells typically escape the body's normal process for removing unneeded or damaged cells.

Apoptosis

When cells are damaged by such things as radiation or carcinogenic chemicals ...

... genes trigger a process whereby they self-destruct

Normal cells

"Programmed cell death"

Enzymes break down the cell's DNA, killing it

Cancer cells

Multiply out of control

Apoptosis does not begin and cancer cells divide and grow unchecked, developing into a tumor

© 2008 MCT

Source: Journal of National Institutes of Health Research, Ohio State University James Cancer Hospital
Graphic: Chicago Tribune, MCT

etables instead of grabbing processed foods that are pre-packaged and may contain large amounts of empty calories found in sugars.

"Twenty-one percent of the student population here at UCF is overweight and only 5.9 percent of students consume the necessary amount of fruit and vegetables, which is between 5 to 9 servings per day," Van Camp said.

UCF student and senior health science major Kathleen McCabe has learned a lot about her health and nutrition needs by taking her required courses.

She said she would not have known how certain foods can affect her body if it was not for taking a nutrition class.

"Being in that class really opened my eyes to the deficiencies you can get and how important it is to

limit sugar in your diet," McCabe said. "I feel like the UCF community would benefit if signs were put up informing students on how to eat healthier, because when you walk into the student union to eat no one is thinking how many servings of veggies they have had today."

Van Camp has office hours weekly in the UCF Wellness Center and also hosts guest lectures and workshops that are free for all students.

There is also the Comprehensive Health Assessment and Motivation Program and CHAMP Plus programs, where students can receive tips and guidance on how to eat healthier and incorporate a better diet into their college lifestyle.

Angelopoulos and Van Camp both agree that high-fructose corn syrup is nei-

ther better nor worse than other sugars and cannot be blamed for causing cancer or obesity.

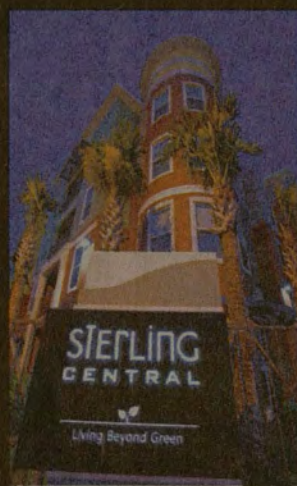
What makes a difference is how much sugar you

incorporate in your diet.

"Many students use their budget as an excuse on why they eat the way they do," Van Camp said. "When you really learn to balance out

what you are eating, simple wholesome fresh foods, such as grapes, bananas and apples are much cheaper than the granola bars and fruit snacks."

Sometimes rumors are true...
Sterling Life is the **GOOD** Life!



SterlingHousing.com



Student Living Done Right - **LEASE Today!**

STERLING
UNIVERSITY CENTRAL

LIVING BEYOND GREEN

12100 Sterling University Lane
Orlando, Florida 32826
407.275.0905

"LIKE A SURGEON PEPPER TOUR: 2010"

DECEMBER 5 AT 8PM
TICKETS ON SALE NOV. 5 AT 10AM

LAW REPER LIVE.COM FACEBOOK.COM/PEPPERLIVE

Artist & Showtimes Subject to Change
No Cameras, No Backpacks, No Videos

Tickets available by calling the
Hard Rock Live Box Office at +1-407-351-5483



More options.

Are the classes you need next semester full?

Need a class to graduate on time?

Consider taking it at a UCF Regional Campus.

With classes in business, education, psychology and more, UCF Regional Campuses offer you 11 locations to choose from and class times that fit your schedule. To learn more, contact an advisor at rcadvising@mail.ucf.edu.

www.regionalcampuses.ucf.edu



UCF 37 | MEMPHIS 17

Home coming

Win over Memphis clinches shot at title

MIKE BALDUCCI
Sports Editor

Bruce Miller and the senior class are going out the way they came in.

After a 37-17 win over Memphis on Saturday, the Knights (9-3) earned the right to host their second Conference USA title game in four years, next Saturday at Bright House Networks Stadium. And if they take care of SMU in the championship, the Knights may — pending a potential lockout from the SEC — get back to the Liberty Bowl.

"I've been to the title game before and I know what it takes to get there and these guys have done that and more," Miller said in a release. "Ending the season 7-1 with the best record in the conference, we deserve it because we've put in so much work. This year has been a grind and our guys have done a good job all season of playing how we know we're supposed to play."

UCF's 20-point victory over the Tigers (1-10) was led again by running back Latavius Murray, who got his second-consecutive start in the Knights' backfield. Murray ran for 75 yards and two touchdowns while sometimes-starter Ronnie Weaver had his roughest game of the season, picking up two yards on six carries and losing a fumble.

Quarterback Jeff Godfrey had a field day in the air, passing for 252 yards and two touchdowns over a weak Memphis secondary. Continuing his breakout season, wide receiver Brian Watters hauled in five catches for 82 yards including a long of 41. Jamar Newsome had four receptions for 118 yards and two touchdowns. The duo now account for more than 1,120 yards — almost half of the Knights' total

NEWS, NOTES

IT'S MILLER'S TIME
Defensive end Bruce Miller is now the all-time UCF leader in sacks. Miller's two sacks Saturday give him 32 total.

ROAD TRIP SUCCESS
With the win, the Knights have five road wins — a UCF record.

LIBERTY LOGJAM
The SEC has the ability to block the C-USA champion from the Liberty Bowl in favor of a Big East team.

PLEASE SEE **TITLE** ON A9



STEPHEN M. DOWELL / ASSOCIATED PRESS
Jamar Newsome had two touchdowns and 118 yards receiving in the Knights' win.

schedule



FOOTBALL
CONFERENCE
USA TITLE GAME
VS. SMU
SATURDAY
NOON (HOME)

The Knights return home for a championship showdown with the Mustangs. This is the third C-USA title game the Knights will host.



MEN'S BASKETBALL
FLORIDA
WEDNESDAY
7 P.M.
(AMWAY CENTER)

In the Citrus Shootout presented by Florida Citrus Sports, the Knights and Gators square off in the first collegiate game at the new Amway Center in downtown Orlando.

SOUTHEASTERN LOUISIANA
SATURDAY
5 P.M. (HOME)

WOMEN'S BASKETBALL
SAVANNAH STATE
FRIDAY
7 P.M. (AWAY)

The Knights are coming off wins over Western Kentucky and Richmond in the UCF Thanksgiving Classic.

FLORIDA INTERNATIONAL
SUNDAY
4:30 P.M. (AWAY)

Men's basketball

After Ala. State win, date with Gators looms

STEVEN RYZEWSKI
Men's basketball beat writer

The Alabama State Hornets started their Thanksgiving weekend with a 1-4 record, in need of a victory.

After spending Saturday evening at the UCF Arena, the Hornets are 1-5, still searching for that elusive second victory, following an 84-48 dismantling by the red-hot Knights.

The Knights (5-0) recovered after a slow start early on, trailing by five in the opening minutes, to fully dominate the Hornets and post their fourth 20-plus point win in the first five games.

UCF was led in scoring by sophomore guard Marcus

SCOREBOARD

84-48

UCF vs. Alabama State

Jordan and his 18 points. Jordan, who had only six points at the half, started the second half on fire from beyond the arc, hitting four three-pointers in a row in the first six minutes of the half. He finished 4 of 6 from the distance for the night.

"I wasn't making them in warm-ups but they were open shots; good looks," Jordan said. "I took them, they fell."

Behind Jordan's 18 points

was a balanced scoring attack by the Knights, with four players in double digits and 11 of the 12 players in uniform scoring points. Forward Keith Clanton had 13, including a few impressive dunks, and P.J. Gaynor came off the bench for another 13 points, as well.

Freshman point guard Jarvis Davis saw the most playing time of his young career at UCF, totaling 10 points on 3 of 6 shooting and 22 minutes on the floor. Davis also added five assists, and head coach Donnie Jones credited his increased role Saturday to his hard work in practice.

"I thought he had an

PLEASE SEE **DONOVAN** ON A9



KATIE DEES / CENTRAL FLORIDA FUTURE

Sophomore guard Marcus Jordan had 18 points to lead the Knights in an 84-48 thrashing of Alabama State on Saturday.



SATURDAY NOON bright house networks **stadium**

STUDENTS FREE ADMISSION AT THE GATE WITH UCF ID

With one kick, the Nevada Wolf Pack saved college football

Remember that art major who lived in your hall freshman year? He's about to graduate, and he's on Facebook all the time bragging about his 4.0 and shining letters of recommendation.

Then there was that other kid, the engineering major, who has to take another semester of classes because Statics and Differential Equations ruined his otherwise good GPA.

At the end of the day, though, a decent effort in Thermodynamics is a tad



MIKE BALDUCCI
Sports Editor

more respectable than an ace in Pottery.

But finally, in that big job interview to end his college career, the art major was rejected and got his comeuppance for never doing anything of worth, all the while

claiming he was a Summa Cum Laude.

So congratulations, Boise State, on proving every critic right. Congratulations on exploiting a cakewalk schedule into a 10-1 season. Most of all, congratulations on the Humanitarian Bowl.

Nevada's overtime win over the Broncos late Saturday night brought closure to at least one of the BCS's many problems. And hopefully it sets a standard for the overhyped and underperforming mid-majors of

the future.

No more should a team be able to schedule two competitive teams per season en route to season of romps over powderpuff high schools.

No more should a team be able to cite previous season's victories as current successes.

No more should a team pull a Rodney Dangerfield and cry "No respect!" from the big dogs of college football, whom the Broncos claim are too afraid to come play on the Smurf turf.

(As side note, Nebraska tried to play Boise the past two seasons. Guess who was too scared?)

We all have fond memories of the 2007 Fiesta Bowl. Jared Zabransky and the boys took down Adrian Peterson's Sooners in one of the best college football games of all time.

And that's where the legacy begins and ends.

Let's quit pretending like that game — awesome as it was — has any relevance to today's team. Moreover, Boise beat-

ing Oregon last year is about as relevant to college football as Chingy is to hip hop.

But the BCS, like the world, has a way of auto-correcting itself.

Hopefully this puts an end to the "A win is a win" mentality perpetuated by the Broncos.

Just as an A in Multi-variable Calculus is worth more than an A in Drawing, a win over Hawaii is not equal to a win over South Carolina.

Also, Boise is not a state.

Donovan, Jones reunite at last

FROM A8

exceptional week in practice," Jones said. "I thought he's really learning how to take the coaching."

Once again the Knights defense was stifling for their opponent, with the full-court press forcing Alabama State into turnovers and creating steals. The Knights outscored Alabama State in points off of turnovers, 27-7.

Looking ahead

The Knights now prepare for the much-anticipated showdown with the Florida Gators at the Amway Center in what will be the first collegiate game in the new arena.

The meeting against the No. 16 Gators will mark a reunion between Jones and his former mentor, Florida head coach Billy Donovan, whom Jones worked under while an assistant at Florida.

"It'll be a great day," Jones said. "It's a great opportunity for our program."

Despite the national prominence of their opponent, the Knights insist it is just another game, believing if they play their game to their ability they will be victorious.

"Confidence is a key factor, it's a product of hard work," Jones said. "We'll have to play exceptionally well to have an opportunity on Wednesday."

Hustle points

Marcus Jordan had an

NEWS & NOTES

GOOD LOOKS

The Knights shot 56.6 percent from the field versus Alabama State, making their season percentage 43.3 — good enough for 15th in the nation.

OLD FRIENDS, NEW ENEMIES

Head coach Donnie Jones worked under Florida coach Billy Donovan at UF for 11 years as an assistant. Jones said on meeting up with his old coworker, "I will have the opportunity to coach against one of my friends, and a mentor. I have great respect for one of the best college basketball coaches in the country."

GATOR BAIT

The Knights have never beaten the Gators in nine attempts. The preseason-SEC favorites head to Orlando, a "neutral" location, for meeting No. 10 with UCF. Vernon Macklin and Chandler Parsons lead an otherwise young team, who are back in the title picture for the first time since the Joakim Noah/Al Horford/Corey Brewer dream team of 2007.

emphatic dunk against the Hatters that appeared to silence parts of the pro-Stetson crowd last Tuesday in an 85-58 win over the Hatters. The dunk was featured that night and the next morning as No. 7 on ESPN's Top 10 plays.

Forward A.J. Tyler and center Tom Herzog are both questionable to play Wednesday after sitting out Saturday's contest.

Once again, the Knights shouldn't need much motivation for Wednesday's game. UCF has not beaten Florida in nine attempts.

FROM A8

receiving yards.

Jordan Ozerities, the freshman cornerback who ended last week's game versus Tulane with a 100-yard interception, again came up big, forcing a turnover on the opening kickoff of the second half.

The Knights' spot in the C-USA title game was actually clinched before even taking the field in Memphis. With the SMU overtime win against East Carolina and the Tulsa victory over Southern Miss, the game against the bottom-feeding Tigers was merely a formality.

The Tigers' loss capped a season to forget. The 10-loss Tigers allowed at least 48 points in six games, scored a season-high 24 in their only win (vs. Middle Tennessee, Sept. 18) and were shut out 56-0 by Louisville on Oct. 9.

Now, the Knights' attention shifts to the Mustangs. SMU, 7-5 overall, 6-2 in C-USA, has had a schizophrenic season, never winning more than two in a row. Losses to Navy, Houston and UTEP are black marks on an otherwise proficient Mustang offense, which ranks 20th in the NCAA in passing yards.

"I'm not going to lie, I've definitely thought about coming back here to the Liberty Bowl," said linebacker Derrick Hallman. "But I'm extremely excited about going to play next week so we can have that opportunity to play (in another Liberty Bowl)."

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing

yards.

SMU's defense was

ranked 20th in the

NCAA in passing



STEPHEN M. DOWELL / ASSOCIATED PRESS

Freshman quarterback Jeff Godfrey threw for more than 250 yards and two touchdowns.

Campus Crossings on Alafaya • Premier Student Living

12024 ROYAL WULFF LANE, ORLANDO, FL 32817

WWW.CAMPUSAPTS.COM/ALAFAYA

RENT NOW STARTING @

\$399

FOR MORE INFO TEXT "ALAFAYA" TO 47464

TOWNHOME STYLE UNITS

- HARDWOOD FLOORS
- BILLIARD ROOM
- TANNING BED
- RECYCLING PROGRAM
- DESIGNER INTERIORS
- 24 HR FITNESS CENTER
- Wii GAMEROOM
- TWO POOLS
- PLANNED SOCIAL EVENTS
- CYBER CAFE

Webster UNIVERSITY

Begin Your Master's Degree Today!

- Master of Business Administration (M.B.A.)
- Master of Health Administration (M.H.A.)
 - Counseling • Finance
 - Human Resources Development
 - Human Resources Management
- Information Technology Management
 - International Business
 - Management & Leadership
 - Marketing
- No GRE or GMAT
- Classes meet once per week
- Five 9-week terms per year

Spring Terms Begin January 3 and March 14!

Webster UNIVERSITY

North Orlando
Sanlando Center • 407-869-8111

South Orlando
Westwood Corporate Center • 407-345-1139

1-888-302-8111 • webster.edu/orlando

Business and Management programs are ACBSP-accredited.

Webster University is accredited by The Higher Learning Commission and is a member of the North Central Association. 312-263-0456, www.ncaahc.org

OUR STANCE

Stop hazing at universities

At one point or another, every student experiences teasing or ridicule.

But at the university level, it takes on a new form: hazing.

Last week the University of Maine at Orono launched its "National Agenda for Hazing Prevention in Education" meant to develop strategies to curb hazing rituals in sports teams, fraternities, sororities and other campus organizations.

Researchers have acknowledged that hazing takes place at nearly every university; the problem is finding a way to both stop and prevent it.

Their idea is to develop an approach based on social norms. This means gathering research on hazing and showing students that it's not OK and not everyone is doing it.

Hazing is a cruel practice that can often be harmful in more ways than one. Hazing can involve beatings, sleep deprivation, embarrassment, personal servitude, yelling, insulting and many other cruel practices.

These rituals are performed as an initiation to a club or organization; after initiation the new members must carry out the same cruel acts to the next group

of potential members.

In 2005 Matthew Carrington, a student at California State University Chico, died after enduring hazing from members of the Chi Tau fraternity.

Carrington and a friend were forced to do push-ups and other exercises in a damp cold basement covered in sewage while being sprayed with icy cold air from large fans and repeatedly having to drink water from five gallon jugs.

During the ritual, he began to seize and was taken to the hospital. His heart stopped at the hospital and he was pronounced dead from water intoxication, which caused his brain and lungs to swell.

Sadly, incidents like these aren't uncommon. According to anti-hazing.tripod.com, at least one sorority or fraternity pledge has died every year since 1970 from hazing or alcohol abuse.

UCF isn't immune from these distasteful practices either. Last April, a Kappa Alpha Psi pledge was allegedly beaten and the fraternity was forced into suspension.

Florida State University has developed a website with an interactive quiz to inform students about hazing; the site also includes an area

where students can report any hazing incidents which the university then investigates.

Hazing is a serious matter, not only is it an abhorrent act but it is also against Florida law and can result in fines, suspension and withholding diplomas.

If you've been a victim of hazing don't be afraid to speak out. These incidents need to be reported in order for the university to prevent further occurrences.

Victims can email anti-hazing@mail.ucf.edu with a detailed description of the incident or they can call the UCF Safe/Hazing Reporting Hotline at 407-823-4518.

Stopping hazing entirely doesn't seem to be in the near future but we encourage all research efforts to attempt to eradicate this practice both at UCF and other educational institutes.

We also think that those involved in hazing should face serious criminal consequences in the case of death or injury.

There is nothing funny about intentionally harming another human being as a rite of passage. No club or organization is worth compromising your health, well-being and maybe even your life in order to gain membership.



DON WRIGHT / THE WASHINGTON EXAMINER

Don't pack on an extra winter coat

As the winter season slowly starts to creep up on us, we quickly start to forget about staying in shape and being healthy since swimsuits are no longer in sight.

Don't let that be the case this winter.

Don't be one of those people who gains a few extra pounds every winter only to "kill" themselves to try and lose it before the next bikini season.

It is not worth the stress and unfortunately more times than not, people don't lose the weight and it ends up accumulating over the years, which can lead to serious health problems down the road.

Instead, incorporate some exercise into your weekly schedule.

Take advantage of what UCF has to offer. The Recreation and Wellness Center at UCF is more than just a bunch of treadmills, stationary bikes and heavy weights; it also offers a wide variety of exercise classes.

Maybe you're interested in a class divided into three 20-minute workout sessions that focuses on cardio, strengthening and abs in 20-20-20.

Or maybe you'd rather jab and punch your way to a more-fit you in kickboxing.

Perhaps you'd prefer dancing yourself into shape with the high-energy music and stamina-boosting steps that are Zumba.

Whichever exercise program you choose, there is no doubt that it will leave you feeling better about yourself and wanting to go back for more.

You will also feel quite exhausted afterwards, possibly so sore that you won't want to move for a day or two, speaking from experience.

But it's enough to motivate you to return for more so that you can work

JORDAN SWANSON
Guest Columnist

your way up toward becoming a regular participant in the class of your choosing.

Taking part in one of UCF's many exercise classes is something that I look forward to doing every week.

Try shopping around for the class that's right for you. Go to UCF's Recreation and Wellness Center

page and read the summaries listed for each fitness class to give you a better idea of what you're up against.

After that, you're just a couple of clicks away from signing up and committing yourself to a healthier you.

Making a routine of going to a workout class is crucial. Like many victims of sore muscles after exercise overload, you will probably try to convince yourself that it's a sign to halt all exercise until you are back to feeling 100 percent. Bad idea.

This will have you pushing back the days to go back to class until you realize a month has passed and you have no motivation to return after all that time off.

You owe it to your body to keep it healthy this winter season through the practice of regular exercise.

If you don't decide to do a trial run on a class at the UCF gym, then try to get your necessary dose of exercise elsewhere.

Whether it be working out at your apartment gym, getting in sync with an exercise video in the comforts of your living room or simply going for a neighborhood walk or jog a few times a week.

You will not only be thanking yourself next spring when beachwear hits the store racks once again, but also in the long run when you'll have one less health issue to worry about.

The Future encourages comments from readers. In order to be considered for publication, letters to the editor should not exceed 300 words; we may edit for length. Submit them online at www.CentralFloridaFuture.com or fax them to 407-447-4556. Questions? Call 407-447-4558.

Combat drunkorexia: eat before you drink alcohol

We have all heard of bulimia and anorexia, but what about drunkorexia?

It is no secret that college students like to party and have a good time, but with all this partying, there is an alarming trend of drunkorexia on the rise.

Although drunkorexia is not an official medical term, CBS News describes it as a slang term which refers to women who choose to eat less (or not at all) so they can party and drink without gaining weight.

The *New York Times* describes it as a disturbing blend of behaviors: self-imposed starvation or bingeing and purging, combined with alcohol abuse.

This phenomenon typically occurs in women who starve all day to offset the calories in the alcohol they will later consume.

I find it sad that anyone's self-esteem and body image would be so low as to develop an eating disorder or problems with substance abuse.

America's obsession with being skinny does not help the problem.

Dr. Doug Bunnell, the past president of the National Eating Disorders Association says that the social acceptance of drinking and using drugs along with the sense, that among celebrities, checking into rehab is almost a given.

Bunnell also goes on to say that "binge drinking is almost cool and hip, and losing weight and being thin is a cultural imperative for young women in America."

There are no formal statistics following this specific trend but Carrie Wilkens, a clinical psychologist and addiction expert with the Center for Motivation and Change refers to statistics when saying that 30 percent of young women with alcohol problems also have some form of an eating disorder.

Not only is this new trend of drunkorexia sad, it's dangerous as well.

Not eating before consuming alcohol can

AJANA JOHNSON
Guest Columnist

lead to negative short term and long term effects.

Wilkens says, "food slows the absorption and acts as a buffer from becoming intoxicated too quickly."

Young women are at risk for passing out when they don't eat before they drink and this can lead to unwanted situations.

According to CBS News, medical studies have shown that females don't process alcohol in the same way men do.

Women are more likely to suffer from physical and sexual abuse while intoxicated.

Also, women's bodies have more fat which absorbs alcohol and produces lower quantities of an enzyme that helps metabolize alcohol, putting women at a higher risk for blackouts.

I would hope that this information is enough to deter someone from engaging in "drunkorexic" behavior.

Being thin is not worth potentially risking your life.

In no way do I want to downplay how difficult it is to overcome addictive behaviors.

I understand that eating disorders go way beyond a simple lack of self-esteem; it's an actual mental disorder.

Young women need to realize that the images they see in magazines are not representative of the majority of women.

Those images are edited and made to look perfect. Not to mention celebrities have the money to hire personal trainers to maintain their perfect figures.

The focus should really be on being healthy, exercising and taking care of your body. As well as not going overboard with one's alcohol consumption.

If these things are being done, the calories from a drink won't seem so high as to feel the need to go without eating beforehand.

Drunkorexia is risky behavior, so don't put yourself in harm's way.

ON UCFNEWS.COM WHAT YOU ARE SAYING

Drawing attention to transgender plight

"More than 20 students lied with their bodies spread out..." Lied is defined, "a German art song of the 19th century for voice and piano."

The word "lay" would be the correct choice here.

—ANONYMOUS

Climate change about science, not religion

The CLIMATE changing is science; it is following the laws of the physical universe. "Climate change" or Anthropogenic Global Warming (AGW) is very much a religion for the reasons you pointed out in your article. There is no empirical evidence yet produced that says man has caused a disastrous amount of change to the climate simply by being man. The earth goes through warming and cooling cycles, and while this cycle may seem to be slightly warmer than "past ones" (quotes used because temperatures were not recorded before the last century) no realistic evidence is pointing to the Earth being in any more danger now than it was 50 or 60 or 200 years ago.

Climate scientists use all the parlor tricks of 17th century fire and brimstone preachers, drudging up fear in the public to get their point across. Whether it is eternal damnation or global meltdown, neither is sufficiently backed up by

"evidence," and both require quite a bit of faith to believe.

—AARON B.

Safety not worth exploitation

These scanners are a waste of time and money and more than likely only placed in service due to some crooked deal with an individual in a high ranking position.

Imagine this. X-rays are designed to detect metal objects, guns and knives and such. With that being said how sharp can I make a piece of glass that is undetectable on these machines? X-rays are also unable to detect liquid or solid explosives, merely the devices used to detonate them, which can easily be disguised as something else, a recorder pen or a computer mouse perhaps.

This is where these image scanners come in. Now if an individual attempts to hide explosives on their body it will be seen. Herein lies the problem. What about Mr. Terrorist and his "prison wallet?" What about an individual who has a prosthetic limb? These image scanners only scan to the surface and won't be able to pick this up. A person with a prosthetic limb merely needs a letter from a doctor, it could even be scanned in the X-ray and nothing would come up.

A lock only serves to keep the good people good. Criminals will either find a way to break the lock or circumvent it.

—ANONYMOUS

HOW TO PLACE AN AD

Online 24 hrs/day:
www.KnightNewspapers.com/classifieds
By phone: 407-447-4555
By fax: 407-447-4556
In person: 11825 High Tech Ave,
Suite 100, Orlando FL 32817

SUBMISSION DEADLINES

**Online, phone, fax,
in person:**
10 a.m. Fri. for Mon. issue
4 p.m. Wed. for Thurs. issue

PAYMENT METHODS

VISA, MC, AMEX,
Discover, Cash, Check

OFFICE BUSINESS HOURS

Monday - Friday
9 a.m. - 5 p.m.

CLASSIFICATIONS

	Rate		Rate
100 Help Wanted: General	C	325 For Sale: Automotive	B
125 Help Wanted: Part-Time	C	350 For Sale: General	A
150 Help Wanted: Full-Time	C	375 For Sale: Pets	A
175 Business Opportunities	B	400 Services	B
200 For Rent: Homes	B	500 Announcements	A
225 For Rent: Apartments	B	600 Travel	B
250 Roommates	A	700 Worship	B
275 Sublease	A	800 Miscellaneous	B
300 For Sale: Homes	B	900 Wanted	B

RATES

	Rate A	Rate B	Rate C
First issue:	\$9	\$13	\$19
Each addl issue:	\$6	\$9	\$13

- Pricing includes up to four lines, 35 characters per line
- Offering a successful average return of over 85%
- Reaching UCF and East Orlando, multiple publication placement available for Oviedo and Winter Springs
- Enter and view classified ads online 24 hours a day

100 HELP WANTED: General

BARTENDERS WANTED.
\$300 a day potential. No
Experience Necessary. Training
Provided. Age 18+ OK.
800-965-6520 ext. 107

Earn Extra Money

Students needed ASAP

Earn up to \$150 per day being a
Mystery Shopper.

No Experience Required

Call 1-877-679-6774

FLEXIBLE PT WORK/FT PAY
Hourly + Bonus + Commission
Aggressive and Neat Appearance
Call 407-767-7663 for Appointment

175 BUSINESS OPPORTUNITIES

STUDENTPAYOUTS.COM
Paid Survey Takers Needed in
Orlando. 100% FREE to join.
Click on Surveys.

200 FOR RENT: Homes

Waterford Lakes:
Large waterfront homes & townhomes
3, 4 & 5 bdrm \$1,215 & up. Yard Incl.
Individual Leases Avail.
407-760-0768 ensonsoo@hotmail.com
www.ForRentNearUCF.com

4/2 house for rent. 1900sqft. 5
miles from UCF. 408,417.
Waterford. More info call
407-382-7153

2-2 Duplex. Very Clean! East
Orlando near UCF off Dean Rd.
No pets. \$775+ Security Call
Jennifer (386)748-3838

250 ROOMMATES

3/2 home for rent near UCF. Huge
back yard, screened in Jacuzzi,
pool table, brand new appliances,
ect. Only \$1100/mo.
No pets please. Avail. Jan. 1.
Call 407-709-5098.

1 room for rent in Very nice
3/2-1/2 townhouse Very close
to UCF in Hawthorne Glen.
High-speed internet, cable,
W/D \$500/mo incl. util. 954-
494-3432

Female Roommate Needed!
2532Ba Apt in Pine Harbor. Close
to UCF \$400/mo. +1/2 Util.
Available ASAP.
Call 941-391-1938

MF wanted for furnished 3/2
home on lake. Walled Comm, 6
mins to UCF. \$550/mo incl. util.
Non-Smoker, sec sys, pool &
tennis. Call 407-832-8160,
239-707-4448

250 ROOMMATES

Pegasus Pointe-Room for rent 2/2
apartment. 1 Male roommate.
Fully Furnished. \$585/mo all
utilities included. Now available.
813-841-0924

Room for rent in 3/2 home in
Ashington Park. New and clean. 5
mins from UCF. Quiet community,
avoid traffic. High-speed internet,
wireless, and premium cable.
\$485/mo util incl.
Call 407-373-3785

275 SUBLEASE

Room for Sublease at The Lofts
starting spring semester in girl
apartment. Private room and
bathroom, walk-in closet,
washer/dryer, full kitchen, and
living area. Internet, premium
cable with 8 HBO channels. 24-hr
gym and business center. Free
UCF shuttle service. 598 per
month, utilities included. Call 239-
810-1175

400 SERVICES

ATTENTION FOREIGN
STUDENTS
Get the GREEN CARD!!
NO INVESTMENTS! NO
SPONSOR!
CALL FOR MORE INFORMATION
AMERICAN IMMIGRATION
SERVICES
(386)586-6985

I am a Psychic Tarot
reader/advisor/healer. With
20yrs+ experience as a
spiritualist. I can be of help to
you with school, love,
relationships, and any other
issues that need to be
addressed. Call (407)330-8692

www.ShopforWireless.net
Compare, Upgrade, Purchase.
Check out the top 10 phones,
and trade in your old cell
phones for cash!!

500 ANNOUNCEMENTS

SCIENTIFIC GLASS
Repairs, Modifications, Custom
and Standard Scientific
Glassware.
Pickup and delivery available
www.SouthernScientific.com
1-855-744-5277

Place and view ads online anytime at:
www.KnightNewspapers.com/classifieds

Classifieds

Student
Specials!

6875 University Blvd
Winter Park, FL 32792
407-647-7733

morningstar
mini-storage

www.morningstarstorage.com

25% OFF
Packing Supplies

*25% Off All Packing Supplies

Boat Angel

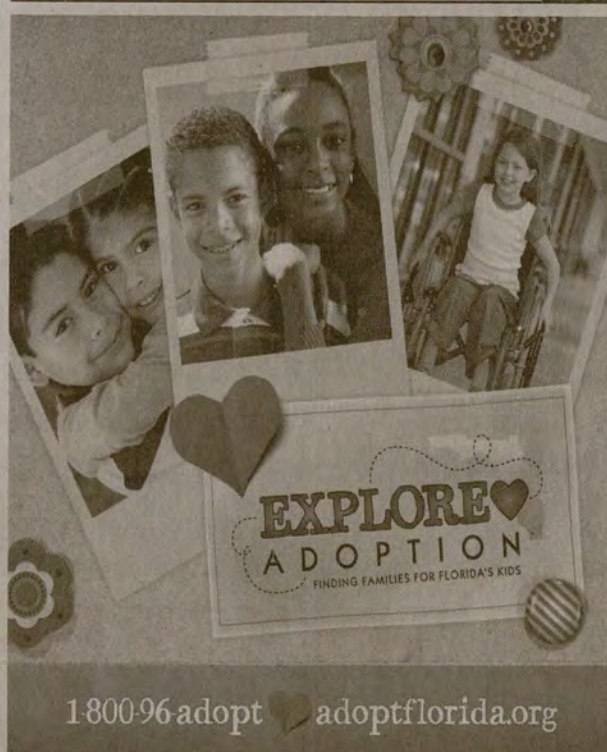
www.boatangel.com

Donate Car • Boat • RV • Motorcycle

1-800-227-2643

www.charityboatsales.org

FREE 2-Night Vacation!



EXPLORE ADOPTION
FINDING FAMILIES FOR FLORIDA'S KIDS

1-800-96-adopt adoptflorida.org

1				7	5
3					8
		6		5	1
6	1		4		2
	7		8		4
4	2			6	7
		6	3	9	
8					7
7		2			6

su | do | ku

© Puzzles by Pappocom

Fill in the grid so
that every row,
column and 3x3 box
contains the digits 1
through 9 with no
repeats.

Monday puzzle:

Easy level

Thursday puzzle:

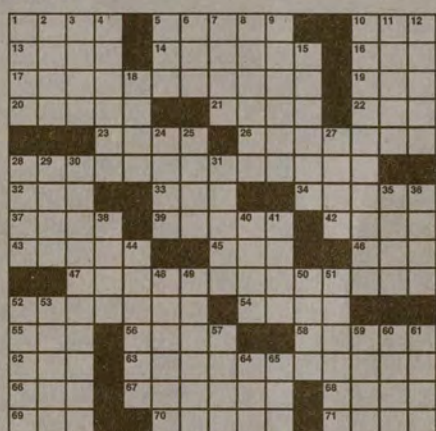
Hard level

Solution, tips and computer program at www.sudoku.com

CROSSWORD

ACROSS

- Toad feature
- Cravings
- W.W. Jacobs short story "The Monkey's ..."
- Etonic competitor
- Hollandaise and barbecue
- Genetic molecule: Abbr.
- Music genre that evolved in the '50s
- "... complicated"
- Evil smile
- Pac-10 hoops powerhouse
- Cambridge sch.
- Letter before kappa
- Tranquil
- How the wheels on the bus go
- Possess
- Italian "a"
- Tide creations
- Formally relinquish
- Time off, briefly, and this puzzle's theme
- Winter fall
- Hagar the Horrible's dog
- Zippy start?
- Well-armed org.
- "Old" nickname for Zachary Taylor
- Nonsense
- The ten in "hang ten"
- Batter's stat
- Power co. product
- Freeze, as a plane's wings
- molecule, e.g.
- Complain hysterically
- Work unit
- Like the night in a classic Van Gogh work
- All done
- Knox and McHenry: Abbr.
- "Do the Right Thing" actor
- Davis
- Wimpy



By Jeff Chen

11/29/10

DOWN

- Serious conflicts
- Cosmetic caller
- Paddy grain
- Adopt, as a puppy
- "Top Gun" org.
- "Groovy!"
- Hindu religious instructor
- Chevy Volt or Ford Fusion
- Do business with
- Temperamental diva, e.g.
- Shenanigan
- Trash
- First-rate, in Rugby
- Yankee with 613 career homers
- Bull: Pref.
- Oscar winner
- Pasquin
- Nephew of Cain
- Big birds of lore
- Wilson of "Marley & Me"
- Subordinates
- "Who's the Boss?" star Tony
- Manor master
- Oscillate
- Sock ending
- Car scar
- Overhaul, as a Web site
- Workers with an ear for music?
- Italian ice cream
- "Laughing" critters
- Longtime Nevada senator Harry
- Money for taxes and insurance may be held in it
- Lawyer's filing
- NASA "Stop!"
- NBA's Shaq and Yao, e.g.
- A gutter is often under it
- Eye part containing the iris
- Exec's extra
- "Taking Heat" memoirist
- PBS science guy
- Bill

Last issue solved

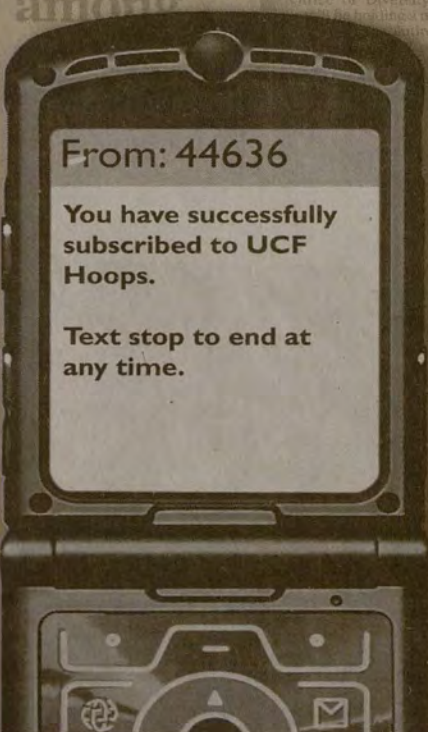
Solution and new puzzles in next issue's Classifieds

PLACE OR VIEW CLASSIFIEDS 24/7 ONLINE AT

Central Florida Future.com



FREE BASKETBALL SCORES ON YOUR CELL PHONE FROM THE CENTRAL FLORIDA FUTURE



How Do I Text UCFHOOPS to 44636?

- Grab your cell phone.
- Select messages on your main menu
- Write a new text message, "UCFHOOPS"
- Send this message to 44636 (4INFO).
- Begin receiving UCF Knights Basketball Scores!

Central Florida Future

The Student Newspaper at UCF since 1968

Receive FREE, real-time scores and alerts on your cell phone from the Central Florida Future. Just text a keyword, like **UCFHOOPS**, to **44636**. For a list of other info you can get on your cell, text **MENU** to **44636**. Now you can be in the know while on the go!

*Carrier text messaging rates apply

4INFO

*live close to campus
walk to class*



live close to the UCF arena



NORTHGATE
LAKES



apply online today @ northgatelakes.com

great location to campus. resort-style amenities. private living. individual leases.

1389 NORTHGATE CR | 407.366.7474

FACEBOOK.COM/NORTHGATEAPARTMENTS

SEE OFFICE FOR DETAILS. AN AMERICAN CAMPUS COMMUNITY

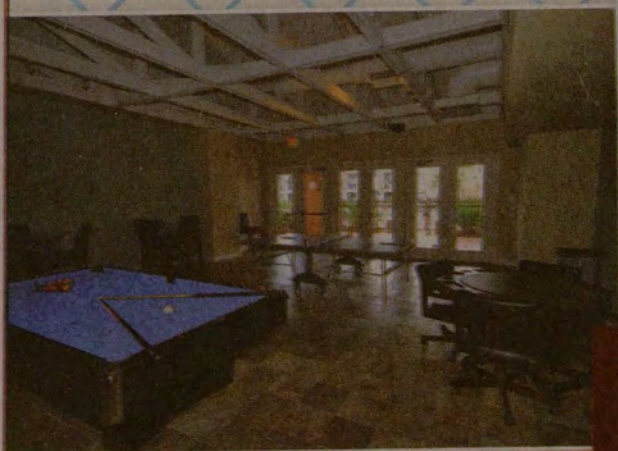
**LIVE IT UP
IN STYLE**

WITH

**NEW UPGRADED
AMENITIES**



apply today for fall 2011. spaces going fast.



THE
EDGE



THEEDGEORLANDO.COM

the best pool in town. close to campus. resort-style amenities. private bedrooms.

407.382.4114 | 11841 JEFFERSON COMMONS CIR

FACEBOOK.COM/THEEDGEORLANDO

LIMITED TIME ONLY. SEE OFFICE FOR DETAILS. AN AMERICAN CAMPUS COMMUNITY